

Tres Semillas  
Eco-Education Rainforest Camp

&

Buenaventura  
Eco-Adventure Rainforest Retreat



## Sign up for Bilingual Summer Camp in Costa Rica!

### Invitation to Tres Semillas Eco-Education Rainforest Summer Camp with English/Spanish Immersion River-front Lodging, Camping & Eco-Adventures at Buenaventura For Kids ages 6-18 & Teacher/Parent Chaperones

Jan 7 - 14, 2011 (8 Days / 7 Nights)

**All-Inclusive Package: \$665 USD per parent / \$525 USD per kid ages 6-18**  
(Special 10% off Rate for Ticos and Foreign Residents) 1 Teacher free for every 10 paying students!

Your visit helps Tres Semillas support and fund their Eco-Education Program (A Bilingual Language & Permaculture Learning Home-School for local and low-income kids and adults) and Buenaventura's Give-Back Program donates 5% of its net profit to a local fund that's used to award grants for improvements to our environment and natural resources, local neighboring schools, low-income family homes and community-used facilities (church, soccer field, salon, etc).

#### **All-Inclusive 8 Day / 7 Night Package Includes:**

- \* **7 Nights Lodging** in Buenaventura's Pueblo Nuevo River-front Eco-Village
- \* **3 Organic home grown/home cooked meals per day** served All You Can Eat Family Buffet Style
- \* **3 Guided Eco-Tours** (all tours are with your hosts and guides Harlow, Tamara & Gerardo)
  - Orientation Walking Tour of Buenaventura Old-Growth Tree Forest & Grounds & Views of BuenaFortuna Waterfall
  - Orientation Walking Tour of Finca Tres Semillas Organic Farm, Gardens & Grounds (Press & Drink Fresh Cane Juice)
  - Avatar Rainforest Adventure & Toucan Rock Waterfall & Swimming Holes Hiking Tour with Blue & Orange Natural Clays from the rainforest that transform everyone into Avatars!
- \* **3 Workshop Days** (Farming & Gardening Workshop, Cow Milking/Cheese Making Workshop, and Cacao Harvesting & Chocolate Brownie Making Workshop)
- \* **Volunteer in the Community** (Participate in our Give-Back Program by helping paint the El Brujo school with your student group)
- \* **2 Camp Fire Gathering Nights** with camp fire snacks, hot tea or hot cacao drinks and old wise-tales!
- \* **Jungle Movie Night of Avatar** on a Projection Screen with popcorn and non-alcoholic drinks
- \* **Lots of Free Activities**, use of River-front Ranchito & Hammocks, Daily Access to Buenaventura's 160 acre Eco-Adventure Park & Wildlife Reserve, Swimming in the River, Additional Workshops Available.
- \* Add \$70 each way for 4x4 taxi from San Isidro - seats 6 with seat-belts (\$24 p/person R/T in shared taxis) (Or drive your own vehicle (must be 4x4) or carpool/ride-share with friends or family. Tres Semillas & Buenaventura are located ~1 hour from San Isidro.

#### **HOW TO RSVP: (MORE INFO: <http://www.buenaventuracr.com>)**

Maximum of 30 Guests (Reservations are First Come/First Serve - \$250 deposit by 12/07 / Balance by 12/30)

Departure in Caravan from San Isidro on Saturday, January 7th at 9 am (meeting place TBA)

Return following Saturday after late breakfast (option to stay more nights at same rate)

Open Invitation to Local & Foreign High School & University Students, Tourists & Expats

For More info or to book, please contact Harlow Salvador at: 8-720-9616 or by email at: [harlow@buenaventuracr.com](mailto:harlow@buenaventuracr.com)



# About Buenaventura & Our Private Location

***Buenaventura is a living dream... And a place to inspire others to follow their dreams!***

Buenaventura is a private retreat destination with a River-front Mountain Lodge & Eco-Village, Health & Wellness Rejuvenation Retreat & Learning Center, Eco-Adventure Wilderness Rainforest Park & Camp Grounds & Private Wildlife Reserve located in a serene and hidden private valley within the greater Savegre River Valley of Costa Rica. If Costa Rica has a Pandora, this is where you'll find it! Buenaventura's Old-Growth Tree Forest Park is home to La Ceiba Sagrada, a 600+ year old Sacred Ceiba Tree that greets and grounds our guests into Buenaventura.

Buenaventura welcomes groups, couples, families and individuals seeking a remote, private and isolated destination for eco-adventure activities, rainforest retreats, and to experience Costa Rica's local culture & rural country living.

With almost a mile of riverfront, Buenaventura's 160 acres of mountainous rainforest property are located along the north side of River Division, with 40% of the property within the southern border of the Los Santos Forest Reserve, an area north of Buenaventura with over 150,000 acres of protected primary and secondary Tropical Cloud Forests and Humid Rain Forests and where many endangered animals (like Jaguars, Tapirs, Sloths, etc.) and plant species live on the western valleys and foothills of the Talamanca Corridor.

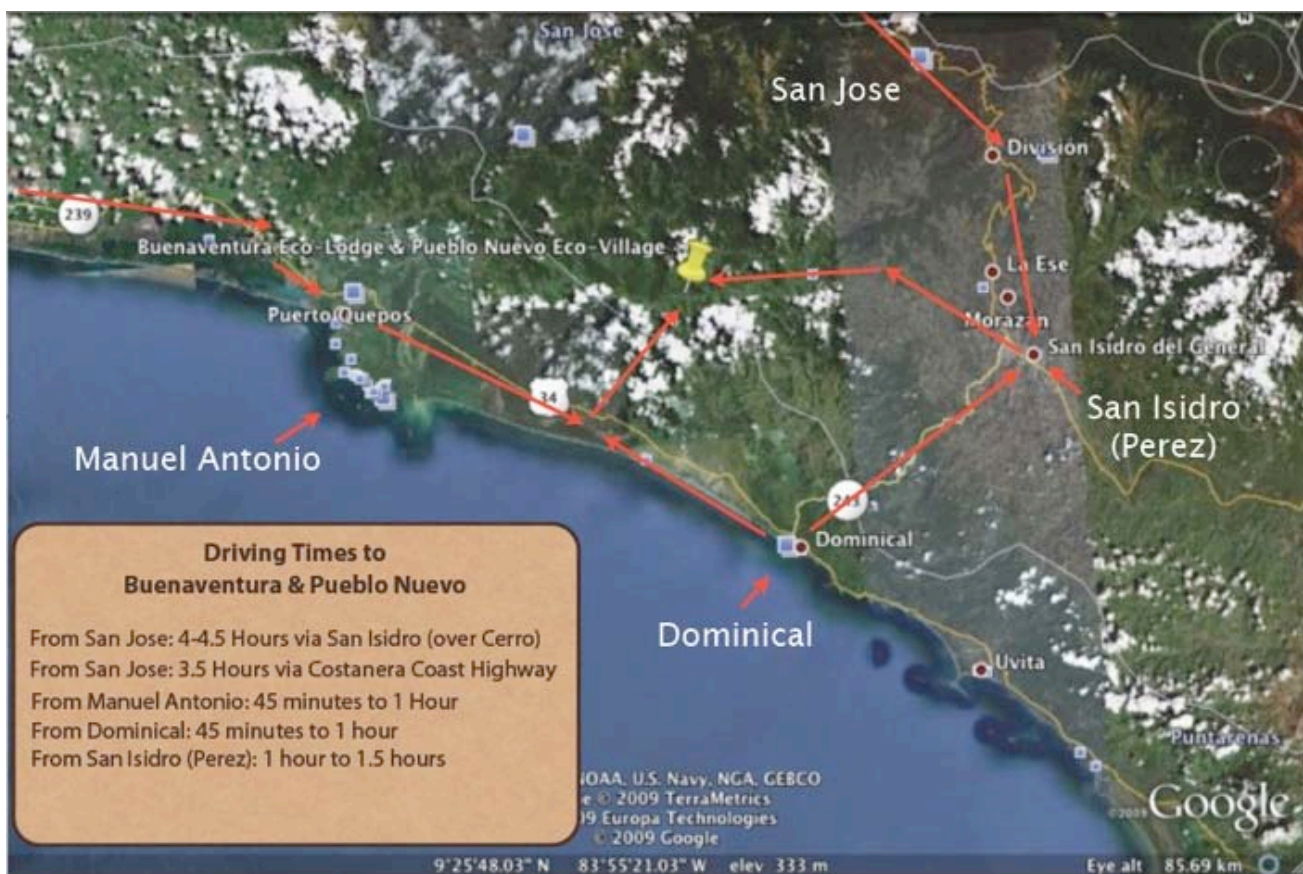
The locals call this place Rio Nuevo (New River), because River Division is considered one of the cleanest rivers in the country, and ranks high globally, along with the Savegre River, which is located a couple miles down river.

Buenaventura is located in between the towns of El Brujo and El Llano, in the district of Perez Zeledon, tucked behind the Central Pacific Coastal mountain range of Costa Rica. It is located 20 miles to the north-west of San Isidro de El General, and 10 miles 'as the bird flies' from the Pacific Ocean, 5 miles up river from Rafiki Safari Lodge, and roughly equal distance apart from the popular tourist coastal towns of Dominical and Quepos/Manuel Antonio.

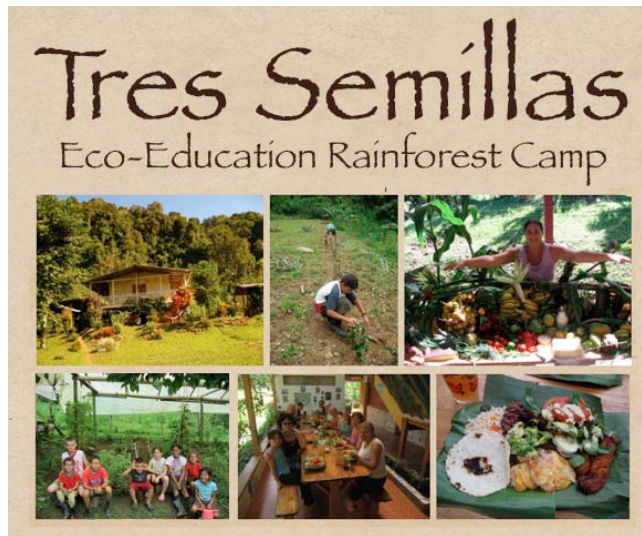
For More Information about Buenaventura, please visit our website at: <http://www.buenaventuracr.com>

Or Download our VISITORS GUIDE at:

[http://www.buenaventuracr.com/visitorsguide/Buenaventura\\_VisitorsGuide.pdf](http://www.buenaventuracr.com/visitorsguide/Buenaventura_VisitorsGuide.pdf)



# About Finca Tres Semillas



Located next to Buenaventura, Finca Tres Semillas Eco-Education Rainforest Camp is a working family farm located on the border of a 150,000-acre primary rainforest reserve. The Saenz-Newton family grows most of their own food organically using a combination of local indigenous knowledge and progressive Permaculture techniques, and they host families or groups to practice their Spanish with locals, experience life on a rainforest farm, learn about Costa Rican culture, enjoy eco-adventures and more. The homegrown organic meals served at Finca Tres Semillas are unforgettable!

## **Tres Semillas Workshops & Cooking Classes include:**

- \* Introduction to Costa Rican Gardening/Farming Workshop
- \* Seeding and Transplanting Workshop
- \* Setting up and managing an Organic Compost System Workshop
- \* Milk A Cow and Make Milk and Fresh Cheese & Cream Workshop
- \* Harvesting Edible Foods (Fruits, Herbs, Yucca, Beans, Corn, Yampi) Workshops
- \* Making Organic Fertilizers and Soils Workshops
- \* Learn how to Press Sugarcane and make Molasses/Dulce Workshop
- \* Learn how to process Cacao and make Chocolate, Brownies & Cakes
- \* Learn how to cook and prepare Casados, Gallo Pinto, Fried Plantains, & other Costa Rican Country Dishes
- \* Learn how to make Organic Tamales (Vegetarian or Meat)
- \* Learn how to make Pupusas Salvadoreñas (Grilled Corn Tortillas filled with Cheese and Veggies)
- \* Learn how to make Pizzas from Scratch and Italian Food
- \* English and Spanish Immersion & Cross-Cultural Exchange Workshops

## **This is a great destination for:**

- \* Educational Student Groups looking for a safe and enriching place to host their Summer Camps
- \* Wilderness Camping Trips and Summer Camps for Boy & Girl Scout Groups and other organizations
- \* Families looking for a child-oriented & family-friendly place to stay in Costa Rica
- \* Home-schoolers and education-oriented travelers looking to learn about Latin American culture, ecology, Spanish, organic farming, where food comes from, animal husbandry, etc.
- \* Organic & slow foods aficionados
- \* Aficionados of Costa Rican traditional rural cuisine
- \* Those looking for a genuine cultural immersion experience away from tourists
- \* Those wanting to experience Costa Rica through the eyes & daily life of local farmers
- \* Those seeking an up-close-and-personal experience with Primary Rainforest (Montane and Premontane)
- \* Those who like nature, waterfalls, rivers and swimming holes
- \* Those looking for a one-of-a-kind cultural and ecological adventure!

For More Information about Finca Tres Semillas, please visit: <http://www.experiencecostarica.org>